



SPRAY TAN

INTAKE AND CONSULTATION

PERSONAL INFORMATION

Name: _____ Date of Birth: _____ Date of Consult: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone Number: _____

Email Address: _____ Gender: M F O

Emergency Contact: _____ Phone Number: _____

How did you hear about us? Facebook Instagram Friend _____ Other _____

CONSULTATION

Have you ever used a self-tanner with a bronzer? Yes No list products: _____

Have you ever had any skin reactions from a self-tanner? Yes No

Have you ever been professionally sprayed with a sunless tanning solution? Yes No

Do you have any known allergies related to Dihydroxyacetone (DHA)? Yes No

Do you have any skin conditions that may be of concern? Yes No _____

Do you have any respiratory illness that may be of concern? (we recommend asking your doctor before being sprayed) Yes No

Other known medical conditions? _____

Medications you are currently taking: _____

Do you wear contact lenses? Yes No (contact lenses should be removed before spraying)

Are you pregnant? Yes No (we require a note of approval from your doctor before being sprayed)

What skin type do you have?

- Always burn never tan Burn but still can achieve a tan Tan easily & rarely burn

How often do you use a moisturizer? Daily Occasionally Never

Did you exfoliate your skin before your visit? Yes No

Do you have any lotions or creams on now? Yes No

I understand that I am responsible for all jewelry, clothing, and accessories I wear after my sunless tanning treatment. I understand I assume responsibility for any kind of allergic reaction I might have to this formula. I understand that I am doing this sunless tanning treatment at my own risk. I understand that while the goal of the treatment is to give an overall bronzed look, no specific guarantees of the result can or have been made. I have read all prep instructions regarding my sunless tanning treatment and understand it thoroughly.

Client Signature: _____ Date: _____



SPRAY TAN

CLIENT INSTRUCTION SHEET

PREP INSTRUCTIONS

- Schedule your spray tan accordingly. Plan to have all manicures, pedicures, massages, waxing, sugaring, and spa treatments done 24 hours prior to your scheduled appointment.
- Shower, shave and exfoliate no less than 8 hours prior to your appointment. Do not shower right before! The steam/heat from the shower can open your pores, adversely affecting your tan and may cause the tan to settle into the pores causing a black freckled look. When exfoliating, focus on knees, elbows, hands, ankles.
- Do not use any oil-based lotions or body washes (Dove, Caress, Pantene) 24hrs prior to your scheduled appointment. Keep in mind that some products can also alter the PH of your body and act as a barrier to the spray tan. Please do not apply deodorant, perfumes, lotions, or makeup the day of your spray tan if possible.
- Please wear dark loose-fitting clothing to your appointment with open toe sandals, no elastic waistbands. They tend to leave marks around the waist. Bring a hair tie if you have long hair. Go commando to avoid lines from bras and underwear. If it is raining, please wear a baggy long sleeve shirt and baggy pants.
- Please keep in mind that the spray can transfer to other objects besides your clothing such as leather car seats. We suggest bringing a towel with you to place over your seat to avoid temporary staining.



SPRAY TAN

CLIENT INSTRUCTION SHEET

AFTER-CARE INSTRUCTIONS

- It is important to not get wet until your designated rinse time is reached. This includes perspiration. Avoid the gym or any activities that will make you sweat, including being in the heat. Avoid doing the dishes, bathing your children, applying makeup, moisturizers, etc... and most importantly...no crying!
- Your first shower should be a rinse off with only warm water. Do not use soap. Pat yourself dry. Do not rub. Do not be alarmed to see color running off. That is the bronzer in the spray tan. The DHA has already absorbed into your skin. Do not exfoliate until you are ready for your spray tan to come off.
- Avoid baths, hot tubs, and swimming pools to make your tan last longer. Stay hydrated to help your skin retain the spray tan. Use oil free moisturizers (CereVe, Aveeno).
- Apply an oil-free alcohol-free sunscreen that is water based when outside. Spray tan solutions do not contain any UV protection.



SPRAY TAN

F R E Q U E N T L Y A S K E D Q U E S T I O N S

WHAT IS A SPRAY TAN?

Spray tanning is a form of sunless tanning where a fine mist is sprayed on your body. The active ingredient in spray tans is an additive called dihydroxyacetone, or DHA for short. DHA is a sugar compound that reacts with the proteins found in the cells that make up the outer layer of your skin, creating an adherent pigment that leads to the bronze/tan color. The more DHA that you apply to your skin when you spray tan, the darker your skin becomes. Because DHA only affects the topmost skin layer, a spray tan is temporary.

HOW LONG WILL MY SPRAY LAST?

Both the original and rapid tan with proper care should last a minimum of 5 days. Depending on the extent of your post-tan care, the tan can last up to 10 days.

WHAT DO I WEAR DURING MY SPRAY TAN?

Female clients are free to tan in whatever they feel is comfortable...swimsuit, undergarments, in the nude. Male clients are required to wear an undergarment/swimsuit. NO EXCEPTIONS.

CAN I GET A SPRAY TAN IF I AM PREGNANT?

Rocky Top Tan Co cares about the health of their clients and little ones. That is why we do require a letter of approval from your doctor if you would like to get a spray tan while pregnant.

CAN I GET A SPRAY TAN IF I HAVE SKIN CONDITIONS SUCH AS ECZEMA, PORT-WINE STAIN, KERATOSIS POLARIS, STRAWBERRY PORES, RASHES, ETC?

Rocky Top Tan Co encourages you to speak to your doctor prior to spray tanning. Some skin conditions can affect spray tan development. We do however provide "test tan swatches" on your body if you do have a skin condition and are concerned with development.



SPRAY TAN

C O N S E N T F O R M

Although every precaution will be taken to ensure your safety and wellbeing before, during and after your spray tanning treatment, please be aware of the following information and possible risks. Please read and initial the following:

I am aware that some medical conditions, such as allergies, asthma, open wounds, pregnancy, and respiratory issues, may be made worse by obtaining spray tanning treatments; thus, I must ask my doctor's approval before getting a spray tan.

I understand that reactions are rare, but may include possible allergic reactions including itchiness, redness, rash, coughing, dizziness, fainting and/or other irritations.

I understand that spray tanning is accomplished by the application of a solution containing Dihydroxyacetone (DHA) which has been approved by the FDA for external use only.

I am aware that, in accordance with FDA recommendations, I have the right to use for nose plugs, safety goggles, and occlusive lip balm to shield my mucous membranes from DHA exposure prior to receiving treatment.

I understand that a chemical in tanning sprays may pose risks; the safety of its uses as a spray has not been investigated in studies on people, and the amount of risk is inconclusive.

I understand that a spray tan does not protect against UVA/UVB rays and that sunscreen is recommended when outdoors,

I understand it takes between 2-5 hours for the rapid tanning solution and 8-12 hours for the original tanning solution (containing DHA) to react with the amino acids on the skin's surface (development of tan), and showering and sweating are not recommended during that time.

I understand that the spray tan solution can stain clothing. Dark-colored clothing is recommended for this service.

I am aware that the duration of the spray tan will vary depending on the state of my skin both before and after the procedure.

I understand that while the goal of this treatment is to give the skin an overall bronzed look, no specific guarantees of the result can be made.

I understand that if I am under the age of 18, I must wear undergarments during the treatment.

I understand that it is imperative to my health that I disclose all of the information requested in the Client Intake/Consultation form.

I have cited all conditions and circumstances regarding my health history, medications being taken, and any past reactions to products or medications.

I understand that additional conditions could occur or be discovered during the procedure which could affect my ability to tolerate the procedure.

I consent to “before and after” photographs for the purpose of documentation, potential advertising and promotional purposes.

I opt out of wearing eye protection

I opt out of wearing nose protection

I opt out of wearing lip protection

I have truthfully answered all of the above questions, mentioning any known allergies, prescription medications, health issues, or items I'm currently consuming or applying topically. I am aware that my spray tan technician will take all reasonable measures to reduce or completely avoid any adverse effects. I will speak with the spray tan technician right away if I have any more questions or worries about my treatment. I acknowledge that this is a complete disclosure and replaces all prior oral or written disclosures.

I declare that I have read, completely understand, and have had ample time for discussion to have any questions answered the aforementioned paragraphs. I am aware of the process and agree to the risks.

Signature: _____ Date: _____

Print Name: _____

Parent/Guardian Signature: _____ Date: _____

Print Name: _____



SPRAY TAN

P A R E N T A L C O N S E N T F O R M

I, _____, give my consent to ROCKY TOP TAN CO to allow _____, a minor, to use ROCKY TOP TAN CO's fully private spray tan studio/mobile services. Either myself or my child/dependent have completed ROCKY TOP TAN CO's intake, consultation, and consent forms, and have disclosed all medical conditions, both present and/or past.

Please read and initial the following:

- I understand the charges for this service

- As part of the consultation portion, I understand that I should be present and ask any questions pertaining to the pricing of these services during this time.

- I understand that once these services are complete, I am liable for payment.

- I am aware that clients under the age of 16 must be accompanied by a parent or guardian, who will need to remain on site for the duration of the treatment.

Date of Service: _____

Client's Name: _____

Parent or Legal Guardian Name: _____

Signature Of Legal Guardian

Date



SPRAY TAN

OUR POLICIES

CANCELLATIONS

Appointments may be cancelled online through your booking confirmation sent to you by email or by texting Rocky Top Tan Co at 865-934-7309. You must receive a response text to confirm your appointment was cancelled if texting. A deposit is required to book any appointment. If you do not cancel your appointment at least 12 hours prior to the scheduled booking (no show), your deposit will be forfeited. If you cancel before 12 hours, your deposit will be refunded to you. We understand that life happens and will be more than happy to rebook you at a later date and time if you cannot make it to your scheduled appointment,

NO-SHOW FOR MOBILE APPOINTMENTS

If you are not present when we arrive at your home/chosen destination, or don't respond when we try to contact you, we reserve the right to leave. We will wait for 10 minutes after the time of your appointment. Your deposit will be forfeited if you are a no-show. We value both our time and your time very highly. We regretfully are unable to offer any exceptions to this rule as a result.

APPOINTMENT ETIQUETTE

Please arrive on time for your appointment. We allot enough time for each appointment so that they will not run into one another. If you are running late, please call to let us know. If you are late you might have to wait until we are finished with other clients before we can get to you.

MALE CLIENTS

We require our male clients to wear undergarments for their spray tan session. Ex: Boxers, briefs, shorts, speedos, etc.

AFTERHOURS

We offer after hours appointments at any time outside of normal business hours for an additional \$15 per tan.

TRAVEL FEES

Using downtown Knoxville as a center point, any mobile tan outside of the following cities will be subject to a minimum \$10 travel fee per tan: Oak Ridge, Maryville, Clinton, Maynardville, Kodak, Seymour . We have the right to discount those travel fees when there are multiple tans in one location.

REFUNDS

Individual Services, Packages, Add-Ons, and Gift cards are non-refundable. Please reach out to us within 24 hours after your visit if there is a concern or problem. A spray tan is made up of 50% of our application and 50% of your pre- and post-care. If you follow our advice your chances are best of obtaining an optimal spray.

Client or Legally Authorized Signature

Date



Sunless Menu

THE DOLLY | \$35

(original) 8-12 hour rinse time, custom mixed based on your skin tone. Aloe Based and vitamin enriched. Perfect for everyday glows, photoshoots and weddings.

THE BIJOU | \$40

(rapid) 2-5 hour rinse time, custom mixed based on your skin tone. Perfect for anyone who can't wait 8-12 hours to shower, events, photo shoots and date nights.

THE NEYLAND | \$10

Get your "game" face ready with our original spray tan from the shoulders up!

THE CUMBERLAND | \$20

Go halvesies with our original spray tan. You pick upper body or lower body to get that glowing flawless finish!

VOLUNTEER SPECIAL | \$30

Cheer on the Big Orange without looking orange! College students qualify for a studio full body spray tan at a discounted price. *With valid student ID

SUNSPHERE SPRAY PACKAGE

- 3 tans \$96 (\$32/tan)
- 5 tans \$145 (\$29/tan)
- 10 tans \$250 (\$25/tan)

*Tans never expire and are sprayed with our original solution

ADD-ONS

- Finishing Powder \$5
- Shimmer Drops \$5
- Anti-Aging Drops \$5
- Scented Drops \$5
- CBD Drops \$5
- Body Contouring \$10
- Bronzer Drops \$5
- Disposable Thongs \$1

GIFT CERTIFICATES AVAILABLE
ONLINE (card) OR IN PERSON (cash)

STUDIO MENU

All prices subject to change without notice





Sunless Menu

THE DOLLY | \$60

(original) 8-12 hour rinse time, custom mixed based on your skin tone. Aloe based and vitamin enriched. Perfect for everyday glows, photoshoots and weddings.

THE BIJOU | \$65

(rapid) 2-5 hour rinse time, custom mixed based on your skin tone. Perfect for anyone who can't wait 8-12 hours to shower, events, photo shoots and date nights.

THE NEYLAND | \$25

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MOBILE MENU

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865-934-7309



BROOKE@ROCKYTOPTAN.COM



WWW.ROCKYTOPTANCO.COM

CONNECT WITH US





Brides & Bubbly Package

First off, Congratulations! We are honored to be one of your stops on the way to wedded beauty bliss! We have 2 bride-only packages that you can choose from which are tailored to your specific bridal needs. Each package comes with a complimentary bottle of champagne, finishing powder, and the rapid solution for convenience.

THE JOHNNY & JUNE (RAPID) \$90

This bridal package includes TWO luxurious rapid rinse spray tans. One trial tan that is recommended to be booked at least two weeks in advance of your wedding date; another tan that is recommended to be booked 2-3 days prior to your wedding day. This package includes a complimentary bottle of champagne, as well as complimentary finishing powder and scent drops.

THE GEORGE & TAMMY (RAPID) \$155

This bridal package includes FOUR luxurious rapid rinse spray tans. One trial tan that is recommended to be booked at least two weeks in advance of your wedding date; another tan that is recommended to be booked 2-3 days prior to your wedding day. The remaining two tans can be booked for your bachelorette party, engagement dinner/photos, bridal shower, or honeymoon! This package includes a complimentary bottle of champagne, as well as complimentary finishing powder and scent drops.

*Brides who opt for one of these packages can also have their bridal party, Mother of Bride and Mother-in-Law receive original tans for \$30. Must mention Bride's name when booking.



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